



December 2020 Hudson Falls Central School District **Intermediate School Menu**

| BREAKFAST | | | | |
|--|---|---------------------------------------|---|---|
| EVERY MONDAY | EVERY TUESDAY | EVERY WEDNESDAY | EVERY THURSDAY | EVERY FRIDAY |
| Breakfast Sandwich Fruit cup Milk | Breakfast Pizza Fruit Choice Milk | French w/Sausage Fruit Cup Milk | Bagels w/Cream Cheese Fruit Choice Milk | Cereal Fruit Choice Milk PopTart |
| Available upon request: Cereal, Breakfast bar, Fruit, Yogurt, Muffin | | | | |

LUNCH MENU

| | | | | |
|---|---|--|--|---|
| | 1-Dec | 2-Dec | 3-Dec | 4-Dec |
| | Hot Dog on a w/g bun Broccoli Fruit Salad Milk | Nacho Bowl Rice Pilaf Green beans Fruit Choice Milk | Buffalo Chicken Pizza Pasta salad Fruit Choice Milk | Turkey Sandwich Baked Chips Fruit cup Cookie Milk |
| 7-Dec | 8-Dec | 9-Dec | 10-Dec | 11-Dec |
| Popcorn Chicken Rice Pilaf Broccoli Fruit Choice Milk | Hamburger on a w/g bun Sweet Pot Fries Fruit Choice Milk | Pasta Meatsauce Garlic Bread Fruit Choice Corn Milk | Meat Lover PIZZA Broccoli Florets Fruit Choice Milk | Ham Sandwich Veg Sticks with ranch Fruit Choice Milk |
| 14-Dec | 15-Dec | 16-Dec | 17-Dec | 18-Dec |
| Grilled Cheese Broccoli Fruit Choice Milk | Chicken Patty w/g bun Peas Potato Tots Fruit cup Milk | Cheese Burgers Red/Green Peppers/ dip Fruit Choice Milk | 3 Cheese PIZZA Carrots Fruit Choice Milk | Chef Salad Baked Chips Fruit Choice Milk |
| 21-Dec | 22-Dec | 23-Dec | 24-Dec | 25-Dec |
| Chicken Nuggets Glazed Carrots Fruit Choice Milk | Pancakes, Saug, Hash Brwn. Fruit Choice Cookie Milk | Chicken Patty on a bun Fries/Broccoli Fruit of the day Milk | Holiday Recess | Holiday Recess |
| 28-Dec | 29-Dec | 30-Dec | 31-Dec | |
| Holiday Recess | Holiday Recess | Holiday Recess | Holiday Recess | |

Reminder: All Students Receive Free Breakfast and Lunch

Menu Subject to Change