

# October 2021 Hudson Falls Central School District Kindergarten School



BREAKFAST				
EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY
Breakfast Pizza Cereal Poptarts w/g WG-Toast PB/Jelly Graham Cracker Fruit	Breakfast Sandwich Poptarts w/g WG-Toast PB/Jelly Gram Crackers Juice	Yogurt Cereal WG-Toast PB/Jelly Gram Crackers Pumpkin Muffins Fruit	FT Sticks & Sausage Cereal juice WG-Toast PB/Jelly Gram Crackers	Cinni Mini Cereal Graham Cracker Fresh Fruit

## LUNCH MENU



1-Oct
Breakfast w/ Pancakes & Saug Fruit cup Cookie Milk

4-Oct	5-Oct	6-Oct	7-Oct	8-Oct
Chicken Tenders Curly Fries Fresh Garden Salad Fruit Choice Milk	Chicken Patty on w/g bun Carrots Mshd Potatoes & Gravy Fruit Choice Cookie Milk	Grilled Cheese Tomato soup Fruit Choice Green Beans Milk	Cheese Pizza Sticks/sauce Broccoli Florets Fruit Choice Milk	Superintendent's Day
11-Oct	12-Oct	13-Oct	14-Oct	15-Oct
Columbus Day	Tacos Rice Carrots Fruit Choice Milk	Mac and Cheese Tossed Salad Fruit Choice Milk	Pizza Sticks w/sauce Peas and Carrots Fruit Choice Milk	Pretz/Yogurt/String Cheese Potato Nuggets Corn Fruit Choice Milk
18-Oct	19-Oct	20-Oct	21-Oct	22-Oct
Chicken Burger on w/g bun Smile Fries Carrots Fruit Choice Milk	Pasta Meat Sauce Garlic toast Broccoli Fruit Choice pudding Milk	Hot Dog on w/g roll Garden Peas Tots Fruit Choice Milk	PIZZA Slice Pasta Salad Fruit Choice Cookie Milk	Chicken Burger on w/g roll Peas and Carrots Fruit Choice Milk
25-Oct	26-Oct	27-Oct	28-Oct	29-Oct
Popcorn Chicken Mashed potato/ gravy Corn Fruit Choice Milk	Corn Dogs Mixed garden veg Fruit Choice Sweet Potato Fries Milk	Hamburger on w/g roll Potato nuggets Broccoli Fruit Choice Milk	Spider Pizza Corn and Peas Fruit Choice Milk Holiday Dessert	Hot Dog on a w/g bun Broccoli Fruit Choice Smile Fries Milk



wk1  
wk2  
wk3  
wk4

### Souper Wednesdays

Chicken Noodle Soup  
Tomato Soup  
Minestrone Soup  
Beef Noodle Soup



### Every Day Offerings:

**Lunch:**  
Chicken Burger on w/g bun  
Deli Sandwich  
PB&J/Fluff  
Salads  
Cheese Sticks  
Fresh Prepared Fruit

**\*Menu Subject to Change\***

**\*Reminder: All Students Receive Free Breakfast and Lunch\***