







February 2023 Hudson Falls Central School District High School Menu


BREAKFAST				
EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY
Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich
Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits
Cereal	Cereal	Cereal	Cereal	Cereal
Bagels/Cream Cheese	Bagels/Cream Cheese	Bagels/Cream Cheese	Bagels/Cream Cheese	Bagels/Cream Cheese
Breakfast Pizza	Breakfast Pizza	Breakfast Pizza	Breakfast Pizza	Breakfast Pizza
Muffins	Muffins	Muffins	Muffins	Muffins
	Donuts		Donuts	



LUNCH MENU

1-Feb	2-Feb	3-Feb
Grilled Turkey Reuben Fries Broccoli Sautee Fruit Choice Milk	Veggie Pizza Corn Fruit Choice Brownie Milk 	Gen Tso's Chicken Rice Sweet Pot Fries Fruit Cup Milk

6-Feb	7-Feb	8-Feb	9-Feb	10-Feb
Cheeseburger Fries Fresh Garden Salad Fruit Choice  Milk	Pasta Alfredo w/Chix Broccoli Garlic Sticks Fruit Choice Milk	Roast Turkey /Gravy Stuffing Mashed Potatoes Fruit Choice  Milk	Buffalo Chicken Pizza Tossed Salad Fruit Choice Milk Brownie	Grilled Ham and Cheese Mixed Veg Baked Beans Fruit Choice  Milk

13-Feb	14-Feb	15-Feb	16-Feb	17-Feb
Chicken Tenders Fries baked Fruit Choice California blend Veg Milk	Tacos Hard or Soft Spanish Rice Corn  Fruit Cup Milk	Pasta with Meatsauce Garlic Sticks Broccoli steamed Fruit Choice Milk	Stromboli w/ pep&saug Pasta salad Fruit Choice  Sautee Spinach Milk	Mac and Cheese Roll Sweet Pot Fries Fruit Cup Milk

20-Feb	21-Feb	22-Feb	23-Feb	24-Feb
MID-WINTER RECESS	MID-WINTER RECESS 	MID-WINTER RECESS	MID-WINTER RECESS	MID-WINTER RECESS

27-Feb	28-Feb
BBQ Pork Patty on bun Corn  Fruit Choice Chocolate Pudding Milk	Chicken Burrito Rice Peas  Fruit Cup Milk

Souper Wednesdays

Broccoli Cheddar
Minestrone
Beef Vegetable



Every Day Offerings:

Lunch:

Pizza
Burgers
PB&J
Salad Bar
Ala Cart: Wraps, Entrée
Salads, Subs.

Reminder: All Students Receive Free Breakfast and Lunch