










February 2023 Hudson Falls Central School District **Intermediate School Menu**

BREAKFAST

EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY
Breakfast Pizza Yogurt Parfaits Cereal Bagels/Cream Cheese Pop Tarts w/g	Donuts Yogurt Parfaits Cereal Bagels/Cream Cheese Pop Tarts w/g	Donuts Yogurt Parfaits Cereal Bagels/Cream Cheese Pop Tarts w/g	French Toast Sticks Yogurt Parfaits Cereal Bagels/Cream Cheese Pop Tarts w/g	Breakfast Sandwich Yogurt Parfaits Cereal Bagels/Cream Cheese Pop Tarts w/g

LUNCH MENU

		1-Feb	2-Feb	3-Feb
		Popcorn Chicken Mashed Corn Fruit Choice Milk	 Pepperoni Pizza Tossed Salad Fruit Choice Carrot sticks Milk	Grilled Cheese Tomato Soup Green Beans Fruit Cup Milk
6-Feb	7-Feb	8-Feb	9-Feb	10-Feb
Bacon Cheese Burger Potato Puffs Broccoli Fruit Choice Milk	 Hot Dogs Sweet Fries Corn Fruit Choice Milk	Pancakes Saug/Hash browns Carrots Fruit Choice Milk	 Veggie Delight PIZZA Tossed Salad Fruit Choice Milk Brownie	 Macaroni Meatsauce Garlic Bread Peas Fruit Choice Milk
13-Feb	14-Feb	15-Feb	16-Feb	17-Feb
Chicken Nuggets Rice Fruit Choice Glazed Carrots Milk	 Mozzarella sticks w/sauce Corn Fruit Cup Milk Cookie	Cheeseburger on w/g Fries Broccoli Sautee Fruit Choice Milk	 Buffalo Chicken Pizza Tossed Salad Fruit Choice Milk	Nacho Bowl/Salsa Rice Broccoli Fruit Cup Milk
20-Feb	21-Feb	22-Feb	23-Feb	24-Feb
 MID-WINTER RECESS	MID-WINTER RECESS	MID-WINTER RECESS	MID-WINTER RECESS	MID-WINTER RECESS
27-Feb	28-Feb	<u>Souper Wednesdays</u> Minestrone Beef Vegetable Chicken Noodle Soup		
 Chicken Patty Peas Rice Fruit Choice Milk	Mozzarella sticks/sauce Refried Beans Mixed Veggies Fruit Cup Milk	 <u>Every Day Offerings:</u> <u>Lunch:</u> Pizza Burgers PB&J Salad Bar		



Reminder: All Students Receive Free Breakfast and Lunch