

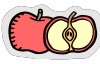








February 2023 Hudson Falls Central School District **Middle School Menu**

BREAKFAST				
EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY
Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich
Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits
Cereal	Cereal	Cereal	Cereal	Cereal
Bagels/Cream Cheese	Bagels/Cream Cheese	Bagels/Cream Cheese	Bagels/Cream Cheese	Bagels/Cream Cheese
Breakfast Pizza	Breakfast Pizza	Breakfast Pizza	Breakfast Pizza	Breakfast Pizza
Muffins	Donuts	Muffins	Donuts	Muffins

LUNCH MENU

	1-Feb	2-Feb	3-Feb	
	Grilled Turkey Reuben Fries Broccoli Sautee Fruit Choice Milk	Veggie Pizza Peas Fruit Choice  Brownie Milk	Tortilla Chips with Cheese Spanish Rice Sweet Pot Fries Fruit Cup Milk	
6-Feb	7-Feb	8-Feb	9-Feb	10-Feb
Cheeseburger Fries  Beans Fruit Choice Milk	Pasta Alfredo w/Chix Broccoli Garlic Sticks Fruit Choice Milk	Meatball Subs Baked Fries  Mixed Veg Fruit Choice Milk	Buffalo Chicken Pizza Tossed Salad Fruit Choice Milk Brownie	Grilled Ham and Cheese Mixed Veg  Baked Beans Fruit Choice Milk
13-Feb	14-Feb	15-Feb	16-Feb	17-Feb
French Toast sticks Sausage/Hashbrowns Fruit Choice  Veggie cups Milk	Tacos Rice Corn Fruit Cup Milk	4 cheese Tortellini Sauce Garlic Sticks w/g Broccoli Sautee  Fruit Choice Milk	Cheese Pizza Pasta salad Fruit Choice Carrots Milk	Mac and Cheese Roll Sweet Pot Fries Fruit Cup Milk
20-Feb	21-Feb	22-Feb	23-Feb	24-Feb
MID-WINTER RECESS	MID-WINTER RECESS 	MID-WINTER RECESS	MID-WINTER RECESS	MID-WINTER RECESS
27-Feb	28-Feb	Souper Wednesdays	 Every Day Offerings: Lunch: Pizza Burgers PB&J Salad Bar	
Double Dogs w/meat sc. Corn Fruit Choice  Milk	Chicken Queso Bowl Brown Rice Baked Beans/Green Fruit Cup Milk	Beef Vegetable Minestrone Tomato 		

Reminder: All Students Receive Free Breakfast and Lunch