



## JANUARY 2023 Hudson Falls Central School District Kindergarten Center Menu

BREAKFAST				
EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY
Breakfast Pizza Bagel crm. Cheese Toast PB/Jelly Cereal Fruit Juice	Breakfast Sandwich Yogurt Parfaits Cereal Toast PB/Jelly Fruit Juice Muffins Yogurt	Yogurt Parfaits Yogurt Cereal Toast PB/Jelly Banana Choc. Bars Cereal Fruit Juice	Donut Cini Mini's Cereal Toast PB/Jelly Fruit Juice	Breakfast Pizza Breakfast Sandwich Cereal Poptarts w/g Toast PB/Jelly Fruit Juice

## LUNCH MENU

2-Jan	3-Jan	4-Jan	5-Jan	6-Jan
Holiday	Bacon Cheeseburger Curly Fries Broccoli Fruit Milk	Ravioli w/Meatballs Garlic Bread Corn Fruit Choice Milk	PIZZA, Pizza Sticks Sauce Salad Fruit Choice Milk Pudding	Grilled Cheese Tomato Soup Carrot Sticks and dip Fruit Choice Milk

9-Jan	10-Jan	11-Jan	12-Jan	13-Jan
Penne w/Meat sauce Roll w/g butter Glazed Carrots Fruit Choice Milk	BBQ Chicken Mashed and gravy Green Beans Fruit Choice Milk	Hot Dog on w/g roll Baked Chips Salad Fruit Choice Milk	PIZZA, Pizza Sticks Sauce Corn and Carrots Fruit Choice Milk	Pretz, Yogurt, Cheese stk Glazed Carrots Fruit Choice Milk

16-Jan	17-Jan	18-Jan	19-Jan	20-Jan
MLK Day	Pancakes with syrup Hash Browns Sausage links Fruit Cup Milk	Chicken Nuggets Rice Pilaf Peas Fruit Choice Milk	PIZZA, Pizza Sticks Sauce Veggie Sticks w/ Ranch Fruit Choice Cookie Milk	Tacos w/fresh veggies Tossed Salad Tortilla Chips/Salsa Fruit Choice Milk

23-Jan	24-Jan	25-Jan	26-Jan	27-Jan
Mozzarella Sticks w/ Sauce Glazed Carrots Rice Fruit Choice Milk	Chicken Burger Broccoli Buttered noodles Fruit Cup Milk	Cheeseburger on w/g Fries Green Beans Fruit Choice Milk	PIZZA, Pizza Sticks Sauce Baked Beans Fruit Choice Peas Milk	Sweet and Sour Chicken Mashed and Gravy Corn Fruit Cup Milk

30-Jan	31-Jan
Sloppy Joe w/g bun Tots Corn Cantaloupe Milk	Popcorn Chicken Buttered Noodles Peas Fruit Choice Milk

**Souper Wednesdays**

- Chicken Rice
- Beef Vegetable
- Minestrone
- Tomato Soup



**Every Day Offerings:**

**Lunch:**

- Pizza
- Burgers
- PB&J
- Salad Bar
- Ala Cart: Wraps, Entrée
- Salads, Subs.

**\*Reminder: All Students Receive Free Breakfast and Lunch\***