



March 2023 Hudson Falls Central School District Intermediate School Menu

BREAKFAST

| EVERY MONDAY | EVERY TUESDAY | EVERY WEDNESDAY | EVERY THURSDAY | EVERY FRIDAY |
|--|---|---|--|--|
| Breakfast Pizza Cereal Bagels/Cream Cheese Yogurt Parfaits Toast PopTarts | Donut Yogurt Parfaits Cereal Bagels/Cream Cheese PopTarts | Breakfast Sandwich Yogurt Parfaits Cereal Bagels/Cream Cheese Toast PopTarts | French Toast sticks Yogurt Parfaits Cereal Bagels/Cream Cheese Toast PopTarts | Muffin Yogurt Parfaits Cereal Bagels/Cream Cheese PopTarts |

LUNCH MENU

| | 1-Mar | 2-Mar | 3-Mar | |
|---|--|---|--|--|
| | Spag with Meatsauce Garlic Bread Broccoli Sautee Fruit Choice Milk | Taco Pizza Green Beans Fruit Choice Brownie Milk | Corn Dogs Fries Carrots Fruit Cup Milk | |
| | | | | |
| 6-Mar | 7-Mar | 8-Mar | 9-Mar | 10-Mar |
| Cheeseburger Fries Broccoli Fruit Choice Milk | Nacho Bowl Rice Glazed Carrots Fruit Choice Milk | Popcorn Chicken Mashed and gravy Corn Fruit Choice Milk | Cheese Pizza Tossed Salad Corn and Peas Fruit Cup Milk | Pancakes,Sausage Hashbrowns Veggie Cup and dip Fruit Choice Milk |
| | | | | |
| 13-Mar | 14-Mar | 15-Mar | 16-Mar | 17-Mar |
| Chicken Nuggets Rice Peas Fruit Cup Milk | Mozzarella Sticks w/sauce Tossed Salad Corn Fruit Cup Milk | Grilled Cheese Tomato Soup Green Beans Fruit Choice Milk | Cheese Pizza Fruit Choice Calf. Blend Veg Milk Cookie | Superintendent's Day |
| | | | | |
| 20-Mar | 21-Mar | 22-Mar | 23-Mar | 24-Mar |
| Chicken Patty on w/g roll Rice Fruit Choice Broccoli Milk | Bagged Lunch Parent Teacher Conference | Bagged Lunch Parent Teacher Conference | Bagged Lunch Parent Teacher Conference | Bagged Lunch Parent Teacher Conference |
| | | | | |
| 27-Mar | 28-Mar | 29-Mar | 30-Mar | 31-Mar |
| Mac and Cheese Tossed Salad Broccoli Fruit Cup Milk | Bacon Cheese burger Baked Beans Fries Fruit Cup Milk | Hot Dogs Sweet Potato Fries Baked Beans Fruit Choice Milk | 3 Cheese Pizza Pasta salad Corn Fruit Choice Milk | Buffalo Chix Bites Carrot Sticks/Ranch Tots Fruit Choice Milk |

Supper Wednesdays



- wk1 Beef Vegetable
- wk2 Cream of Broccoli
- wk3 Tomato Soup
- wk4 Chicken Noodle
- wk5 Chili



Every Day Offerings:

- Lunch:**
- Pizza
- Burgers
- PB&J
- Salad Bar

Menu Subject to Change

****Reminder: All Students Receive Free Breakfast and Lunch****

Ala Cart: Wraps, Entrée
Salads, Subs.