



# March 2023 Hudson Falls Central School District **Primary School Menu**

BREAKFAST				
EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY
Scram eggs/Toast	Pancakes w/Saug	Breakfast Sandwich	Breakfast Pizza	Muffins
PopTarts	Yogurt	Yogurt	Yogurt Parfaits	Yogurt
Cereal,Toast	Cereal,Toast	Cereal,Toast	Cereal,Toast	Cereal,Toast
Yogurt	Bagels/Cream Cheese	Bagels/Cream Cheese	Bagels/Cream Cheese	Bagels/Cream Cheese
Fruit	PopTarts	PopTarts	PopTarts	PopTarts
Milk	Fruit	Fruit	Fruit	Fruit
Juice	Milk	Milk	Milk	Milk
	Juice	Juice	Juice	Juice

## LUNCH MENU

	1-Mar	2-Mar	3-Mar		
	Chicken Nuggets Baked Chips Green Beans Fruit Choice Milk	Cheese Pizza Corn Fruit Choice Tossed Salad Milk	Waffles,Homefries Sausage Carrots Fruit Choice Milk		
	6-Mar	7-Mar	8-Mar	9-Mar	10-Mar
	Ravioli Sauce,Garlic Bread Meatballs Green beans Fruit Choice Milk	Nacho Bowl Broccoli Spanish Rice Fruit Choice Milk	Grilled Ham and Cheese Mixed Veg Tomato Soup Fruit Choice Milk	Pepperoni Pizza Tossed Salad,Potato Salad Fruit Choice Milk Brownie	Cheese Burgers Tots cole slaw Fruit Choice Milk
	13-Mar	14-Mar	15-Mar	16-Mar	17-Mar
	Corn Dogs Sweet Potato Fries Veggies/Dip Fruit Cup Milk	Pancake Wrap w/ saug Homefries Glazed Carrots Fruit Cup Milk	Pasta with Meatsauce Garlic Sticks Broccoli Sautee Fruit Choice Milk	Meatlovers Pizza Carrot sticks Fruit Choice Holiday Dessert Milk	Superintendent's Day 
	20-Mar	21-Mar	22-Mar	23-Mar	24-Mar
	Chicken Nuggets Mashed and gravy California Veg Fruit cups Milk	Bagged Lunch 	Bagged Lunch 	Bagged Lunch 	Bagged Lunch 
	27-Mar	28-Mar	29-Mar	30-Mar	31-Mar
	Pretzel,Yogurt,Cheese Glazed Carrots Fruit Cup Cookie Milk	Mac and Cheese Roll Green Beans Fruit Cup Milk	Fish Sticks Baked Chips Baked Beans Fruit Cup Milk	Bacon Chicken Ranch Pizza 3 bean Salad Fruit Choice Peas Milk	Baked Ham, stuffing Mashed Potatoes Corn Fruit Cup Milk



wk1  
wk2  
wk3

wk 4

### **Souper Wednesdays**

Beef Vegetable  
Tomato Soup  
Chicken Noodle Soup  
Broccoli Soup



### **Every Day Offerings:**

**Lunch:**   
Chicken Nuggets (alt wk)  
Hot Dogs (alt wk)  
PB&J

***\*Menu Subject to Change\****

wk5

Chili

***\*Reminder: All Students Receive Free Breakfast and Lunch\****

Salad Bar  
Ala Cart: Wraps, Entrée  
Salads, Subs.