



May 2023 Hudson Falls Central School District High School Menu

BREAKFAST

EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY
Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich
Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits
Cereal	Cereal	Cereal	Cereal	Cereal
Bagels/Cream Cheese	Bagels/Cream Cheese	Bagels/Cream Cheese	Bagels/Cream Cheese	Bagels/Cream Cheese
Breakfast Bars	Breakfast Bars	Breakfast Bars	Breakfast Bars	Breakfast Bars
Breakfast Pizza	Breakfast Pizza	Breakfast Pizza	Breakfast Pizza	Breakfast Pizza
Muffins	Muffins	Muffins	Muffins	Muffins

LUNCH MENU

1-May	2-May	3-May	4-May	5-May
Pasta Bake Carrots, Garlic Bread Fruit Choice Milk	Burger Sliders Tots Rstd. Corn & Red Pep. Fruit Cup Milk	Chix Ranch Wrap Fries Broccoli Sautee Fruit Choice Milk	Mixed Sub Calf. Blend Veg Tossed Salad Fruit Choice Milk	Chix Burger Baked Chips Carrots Fruit Cup Milk

8-May	9-May	10-May	11-May	12-May
Cheeseburger Fries Roasted Squash Fruit Choice Milk	Chicken Parm/Pasta Broccoli Garlic Sticks Fruit Choice Milk	Walking Tacos/toppings Spanish Rice Black Beans Fruit Cup Milk	Buffalo Chicken Pizza Mixed Veggies/Dip Fruit Choice Milk Brownie	Baked Chicken Swf. Potato Fries Baked Beans Fruit Choice Milk

15-May	16-May	17-May	18-May	19-May
Gen Tso's Chicken Rice Green Beans Fruit Cup Milk	Mozzarella Sticks w/sauce Tossed Salad Corn Fruit Cup Milk	Grilled Cheese Tomato Soup Green Beans Fruit Choice Milk	Cheese Pizza Fruit Choice Calf. Blend Veg Milk Cookie	Philly Cheese Steaks Sautéed Pep/Onions Sweet Pot Fries Fruit Cup Milk

22-May	23-May	24-May	25-May	26-May
Cheeseburger Baked Seasoned Fries Fruit Choice Spinach Milk	Buffalo Chicken Bites Tots Mashed Potatoes Fruit Choice Milk	Pasta Bake Garlic Sticks Broccoli Sautee Fruit Choice Milk	Pepperoni Pizza Pasta salad Fruit Choice Glazed Carrots Milk	Mac and Cheese Roll Peas Fruit Cup Milk

29-May	30-May	31-May
Memorial Day	Double Dogs w/mt. sauce Baked Tots Green and Yellow Beans Fruit Cup Milk	Turkey and Cheese Wrap Baked Lays Pasta Salad Fruit Choice Milk



Every Day Offerings:

Lunch:
Pizza
Burgers
PB&J
Salad Bar
Ala Cart: Wraps, Entrée
Salads, Subs.



Souper Wednesdays

Beef Vegetable
Cream of Broccoli
Tomato Soup
Chicken Noodle Soup

Menu Subject to Change

Reminder: All Students Receive Free Breakfast and Lunch