

Back to School



Welcome Back










## September 2023 Hudson Falls Central School District **Primary School Menu**

### BREAKFAST

EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY
Scram Eggs w/Cheese	Scram Eggs w/Cheese	Scram Eggs w/Cheese	Scram Eggs w/ Cheese	Scram Eggs w/Cheese
English Muffins	English Muffins	English Muffins	English Muffins	English Muffins
Cini Minis	Cini Minis	Cini Minis	Cini Minis	Cini Minis
Yogurt /Fresh Fruit	Yogurt /Fresh Fruit	Yogurt /Fresh Fruit	Yogurt /Fresh Fruit	Yogurt /Fresh Fruit
Cereal	Cereal	Cereal	Cereal	Cereal
Bagels/Cream Cheese	Bagels/Cream Cheese	Bagels/Cream Cheese	Bagels/Cream Cheese	Bagels/Cream Cheese
Breakfast Bars	Breakfast Bars	Breakfast Bars	Breakfast Bars	Breakfast Bars
Poptarts w/g	Poptarts w/g	Poptarts w/g	Poptarts w/g	Poptarts w/g

### LUNCH MENU



	7-Sep	8-Sep		
	CHEESE PIZZA Garden Salad Fruit Choice pudding Milk	CHICKEN BURGER French Fries Fruit Choice  Milk		
	11-Sep	12-Sep	13-Sep	15-Sep
	NACHO BOWL Rice Broccoli Fruit Choice Milk	POPCORN CHICKEN <i>Sweet &amp; Sour Sauce</i> Mshd Potatoes &Gravy Fruit Choice Cookie Milk	CHICKEN RANCH WRAP French Fries Fruit Choice  Milk	PEPPERONI PIZZA/Bianca Pasta Salad Fruit Choice Milk
	18-Sep	19-Sep	20-Sep	22-Sep
	CHEESE BURGER  Potato Smiles Baked Beans Fruit Choice Milk	PANCAKES/SAUG HashBrown Broccoli Florets Fruit Choice Milk	ROTINI/MEATBALLS w/ SPAGHETTI SAUCE Garlic Bread  Green Beans Fruit Choice Milk	BUFFALO CHICKEN PIZZA Peas and Carrot Fruit Choice Milk
	25-Sep	26-Sep	27-Sep	29-Sep
	CHICKEN ALFREDO w/PASTA Green Beans  Fruit Choice Milk	CHICKEN TENDERS Rice Broccoli Fruit Choice Pudding Milk	GRILLED CHEESE Tomato Soup Garden Peas Fruit Choice Milk	VEGGIE PIZZA Pasta Salad Fruit Choice Cookie  Milk
				Bologna and Cheese Sand Glazed Carrots  Fruit Choice Milk
				Pasta Meatballs / ww roll Tossed Salad Peaches Choc Pudding Milk



wk1  
wk2  
wk3  
wk4

#### Souper Wednesdays

Broccoli Ched Soup  
Beef Barley Soup  
Chicken Noodle Soup



#### Every Day Offerings:

##### Lunch:

Deli Sandwich Bar  
Burgers  
PB&J/ PB&FLUFF  
Salads  
Cheese Sticks  
Fresh/Prepared Fruits

\*Menu Subject to Change\*

\*Reminder: All Students Receive Free Breakfast and Lunch\*