

Welcome Back





October 2023 Hudson Falls Central School District Kindergarten School Menu

		BREAKFAST		
EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY
Breakfast Pizza	Breakfast Sandwich	Yogurt	FT Sticks & Sausage	Cinni Mini
Cereal	Poptarts w/g	Cereal	Cereal	Cereal
Poptarts w/g	WG-Toast PB/Jelly	WG-Toast PB/Jelly	juice	Graham Cracker
WG-Toast PB/Jelly	Gram Crackers	Gram Crackers	WG-Toast PB/Jelly	Fresh Fruit
Graham Cracker	Juice	Pumpkin Muffins	Gram Crackers	
Fruit		Fruit		
		LUNCH MENU	<u> </u>	

2-Oct	3-Oct	4-Oct	5-Oct	6-Oct
Mozzarella Sticks w/sauce	Chicken Patty w/g bun	Grilled Cheese	Cheese Pizza Sticks/sauce	Superintendent's Day
W/G Bread Butter	Fresh Carrot Sticks	Tomato soup	Broccoli Florets	
Fresh Garden Salad	Mshd Potatoes &Gravy	Corn	Fresh Melon	
Fresh Apples	Fresh Oranges	Fresh Bananas	Milk	
Milk	Cookie Milk	Milk		

9-Oct	10-Oct	11-Oct	12-Oct	13-Oct
Columbus Day	Taco Bowl	Mac and Cheese	Veggie Pizza Slice	Chicken Nuggets
	Rice	Tossed Salad	Tossed salad	Potato tots
	Carrots	Fresh Oranges	Fresh Apples	Fresh Bananas
	Fruit Choice	W/G Roll	Milk	Broccoli
	Milk	Milk	Cookie	Milk

16-Oct	17-Oct	18-Oct	19-Oct	20-Oct
Pancakes/Saug	Pasta Meat Sauce	Hot Dog on w/g roll	PIZZA Slice	Cheese burgers on w/g
Homefries	Garlic toast	Garden Peas	Veggie Pasta Salad	Peas and Carrots
Carrots sticks and dip	Broccoli	Tots	Fresh Oranges	Peaches
Fresh Apple	Fresh Melon cups	Fresh Bananas	Cookie	Baked Tots
Milk	Pudding Milk	Milk	Milk	Milk

23-Oct	24-Oct	25-Oct	26-Oct	27-Oct
Popcorn Chicken	Corn Dogs	Grilled Ham and cheese	Meatball Pizza	Chicken Wrap w/L,T.
Mashed potato/ gravy	California Blend Veg	Potato nuggets	Corn and Peas	Baked Chips
Corn	Fresh Bananas	Broccoli	Oranges	Sliced Apples
Applesauce cups	Milk ()	Pears	Milk	Milk (CO)
Milk	Brownie	Milk		Pasta Salad

30-Oct		31-Oct
Chicken Nuggets	Hot Dog on w/w roll	
Carrot sticks and dip	Tots	
Fruit cup	Fresh Fruit Cup	
Baked Beans	Brownie	
Milk	Milk	

Souper Wednesdays
Chicken Noodle Soup
Tomato Soup
Minestrone Soup
Beef Noodle Soup



Every Day Offerings:

Lunch:

Chicken Burger on w/g bun
Deli Bar
PB&J/Fluff
Salads
Cheese Sticks
Fresh Prepared Fruit
Ala Cart: Wraps, Entrée
Salads, Subs.



^{*}Reminder: All Students Receive Free Breakfast and Lunch*