

Back to School



Welcome Back




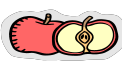

October 2023 Hudson Falls Central School District Primary School Menu


BREAKFAST


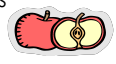
| EVERY MONDAY | EVERY TUESDAY | EVERY WEDNESDAY | EVERY THURSDAY | EVERY FRIDAY |
|---|--|--|--|---|
| Pancakes/French Toast Cereal Poptarts w/g WG-Toast PB/Jelly Juice | Breakfast Burrito Poptarts w/g WG-Toast PB/Jelly Gram Crackers Juice | Yogurt Cereal WG-Toast PB/Jelly Gram Crackers Pumpkin Muffins Juice | FT Sticks & Sausage Cereal Fruit WG-Toast PB/Jelly Gram Crackers | PopTarts Cereal Graham Cracker Fresh Fruit |

LUNCH MENU

| 2-Oct | 3-Oct | 4-Oct | 5-Oct | 6-Oct |
|---|---|--|--|----------------------|
| Mozzarella Sticks w/sauce W/G Bread Butter Fresh Garden Salad Fresh Apples Milk | Chicken Patty w/g bun <i>Fresh Carrot Sticks</i> Mshd Potatoes &Gravy Fresh Oranges Cookie Milk | Grilled Cheese Tomato soup Corn Fresh Bananas Milk | Cheese Pizza Sticks/sauce Broccoli Florets Fresh Melon  Milk | Superintendent's Day |

| 9-Oct | 10-Oct | 11-Oct | 12-Oct | 13-Oct |
|--------------|--|---|--|---|
| Columbus Day | Taco Bowl Rice  Carrots Fruit Choice Milk | Mac and Cheese Tossed Salad Fresh Oranges W/G Roll Milk | Veggie Pizza Tossed Salad Fresh Apples Milk Cookie | Chicken Nuggets Potato tots Fresh Bananas  Broccoli Milk |

| 16-Oct | 17-Oct | 18-Oct | 19-Oct | 20-Oct |
|---|---|---|--|--|
| Pancakes/Saug Homefries Carrots sticks and dip Fresh Apple Milk | Pasta Meat Sauce <i>Garlic toast</i> Broccoli Fresh Melon cups Pudding Milk | Hot Dog on w/g roll Garden Peas Tots Fresh Bananas  Milk | PIZZA Slice Veggie Pasta Salad Fresh Oranges Cookie Milk | Cheese burgers on w/g Peas and Carrots Peaches Baked Tots Milk |

| 23-Oct | 24-Oct | 25-Oct | 26-Oct | 27-Oct |
|--|---|---|--|--|
| Popcorn Chicken Mashed potato/ gravy Corn Applesauce cups Milk | Corn Dogs California Blend Veg Fresh Bananas  Milk Brownie | Grilled Ham and cheese Potato nuggets Broccoli Pears Milk | Meatball Pizza Corn and Peas Oranges Milk | Chicken Wrap w/L.T. Baked Chips Sliced Apples Milk  Pasta Salad |

| 30-Oct | 31-Oct |
|--|---|
| Chicken Nuggets Carrot sticks and dip Fruit cup  Baked Beans Milk | Hot dog on w/w roll Tots Fresh Fruit Cup Brownie Milk |

Souper Wednesdays

Chicken Noodle Soup
Tomato Soup
Minestrone Soup
Beef Noodle Soup



Every Day Offerings:

Lunch:

Chicken Burger on w/g bun
Deli Bar
PB&J
Salads
Cheese Sticks
Fresh Prepared Fruit
Ala Cart: Wraps, Entrée
Salads, Subs.

Reminder: All Students Receive Free Breakfast and Lunch