



**REGISTER  
HERE!**



**WALKERS  
WELCOME!**

# **RUN 4 KIDS 5K**

**SUNDAY, NOVEMBER 12, 2023 AT 10:00 AM**

**HUDSON FALLS CSD HIGH SCHOOL (FRANKLIN STREET ENTRANCE)**

THE HUDSON FALLS TEACHERS' ASSOCIATION AND THE HF ROTARY CLUB HAVE TEAMED UP ONCE AGAIN TO BRING BACK SOME OF OUR BEST HUDSON FALLS TRADITIONS: **THE OPERATION SANTA 5K** AND **THE TONY LUCIANO RUN!** PROCEEDS FROM THIS EVENT WILL BENEFIT OPERATION SANTA AND THE HF ROTARY CLUB SCHOLARSHIP FUND.

## **REGISTRATION DETAILS**

GO TO [HTTPS://WWW.ZIPPY-REG.COM/ONLINE\\_REG/INDEX.PHP?E=1921](https://www.zippy-reg.com/online_reg/index.php?E=1921) OR [HTTPS://ADIRONDACKRUNNERS.ORG/EVENT/HF-RUN-4-KIDS-5K/](https://adirondackrunners.org/event/hf-run-4-kids-5k/) TO REGISTER ONLINE

### **PRE-REGISTRATION**

**\$25 ENTRY FEE**

IF POSTMARKED ON OR BEFORE 10/23/2023  
OR REGISTERED ONLINE BY 11/9/23

### **MAIL ENTRIES TO:**

HF RUN 4 KIDS COMMITTEE  
159 BENTLEY ROAD  
HUDSON FALLS, NY 12839

PLEASE MAKE CHECKS PAYABLE TO  
HUDSON FALLS ROTARY CLUB

### **RACE DAY REGISTRATION**

**\$30 ENTRY FEE**

**8:30-9:35AM**

BRING COMPLETED FORMS TO THE  
REGISTRATION DESK

OFFICIAL RACE SHIRT GUARANTEED TO FIRST 175 ENTRANTS ☺ TROPHIES AWARDED TO THE TOP THREE MALE AND FEMALE FINISHERS OVERALL AND IN ALL POSTED AGE GROUPS ☺ SPLIT TIMES AT MILES 1 AND 2 ☺ WATER AVAILABLE AT THE START, NEAR MILES 1 AND 2 AND AT THE FINISH ☺ REFRESHMENTS AVAILABLE TO ALL PARTICIPANTS AFTER THE RACE ☺ QUICK POSTING OF OVERALL AND AGE GROUP RESULTS ☺

## **PLEASE PRINT LEGIBLY**

**NAME** \_\_\_\_\_

**EMAIL** \_\_\_\_\_

**CITY/STATE/ZIP** \_\_\_\_\_

**AGE ON RACE DAY** \_\_\_\_\_ **ADULT SHIRT SIZE:** S M L XL XXL

**CIRCLE YOUR RACE DAY AGE GROUP:** 14U 15-25 26-40 41-50 51-60 61-70 70+

**FEMALE**

**MALE**

**(OFFICIAL USE ONLY)**

**BIB NUMBER**

In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby for myself, my heirs, executors and administrators, waive and release any and all claims for damages I may have against the Hudson Falls Rotary Club, Kingsbury Recreation Commission, Village of Hudson Falls, Town of Kingsbury, Hudson Falls Central School District. HFTA, their officers, all race sponsors and any race official for any and all injuries suffered by me while competing in, traveling to, or returning from this event. I certify that I am physically fit and have trained sufficiently to compete in this race. Further, I hereby grant full permission to any and all the foregoing to use any photographs, videotapes, motion pictures, recordings or any other records of this event for any legitimate purpose.

**SIGNATURE** \_\_\_\_\_ **PARENT/GUARDIAN SIGNATURE IF UNDER 18** \_\_\_\_\_

**EMERGENCY CONTACT NAME** \_\_\_\_\_ **PHONE #** \_\_\_\_\_