

## February 2024 Hudson Falls Central School District High School Menu

| BREAKFAST |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| EVERY MONDAY | EVERY TUESDAY | EVERY WEDNESDAY | EVERY THURSDAY | EVERY FRIDAY |
| Breakfast Sandwich <br> Yogurt Parfaits <br> Cereal <br> Bagels/Cream Cheese <br> Breakfast Pizza <br> Muffins | Breakfast Sandwich Yogurt Parfaits Cereal Bagels/Cream Cheese Breakfast Pizza Muffins Donuts | Breakfast Sandwich Yogurt Parfaits Cereal Bagels/Cream Cheese Breakfast Pizza Muffins | Breakfast Sandwich <br> Yogurt Parfaits <br> Cereal <br> Bagels/Cream Cheese <br> Breakfast Pizza <br> Muffins <br> Donuts | Breakfast Sandwich Yogurt Parfaits Cereal Bagels/Cream Cheese Breakfast Pizza Muffins |
| LUNCH MENU |  |  |  |  |



| 5-Feb | 6-Feb | 7-Feb | 8-Feb | 9-Feb |
| :---: | :---: | :---: | :---: | :---: |
| Cheeseburger <br> Fries <br> Fresh Garden Salad <br> Fruit Choice <br> Milk | Pasta Alfredo w/Chix <br> Broccoli <br> Garlic Sticks <br> Fruit Choice <br> Milk | Roast Turkey / Gravy <br> Stuffing <br> Mashed Potatoes <br> Fruit Choice <br> Milk | Veggies Pizza Tossed Salad Fruit Choice Milk Brownie | Grilled Ham and Cheese <br> Mixed Veg <br> Baked Beans <br> Fruit Choice <br> Milk |


| 12-Feb | 13-Feb | 14-Feb | 15-Feb | 16-Feb |
| :---: | :---: | :---: | :---: | :---: |
| Chicken Tenders | Tacos Hard or Soft | Pasta with Meatsauce | BBQ Chicken Pizza | Mac and Cheese |
| Fries baked | Spanish Rice | Garlic Sticks | Pasta salad | Roll |
| Fruit Choice | Corn | Broccoli steamed | Fruit Choice | Sweet Pot Fries |
| California blend Veg | Fruit Cup | Fruit Choice/Val Cookie | Sautee Spinach | Fruit Cup |
| Milk | Milk | Milk | Milk | Milk |


| 19-Feb | 20-Feb | 21-Feb | 22-Feb | 23-Feb |
| :--- | ---: | ---: | ---: | ---: |
| MID-WINTER RECESS | MID-WINTER RECESS | MID-WINTER RECESS | MID-WINTER RECESS | MID-WINTER RECESS |
|  |  |  |  |  |


| 26-Feb | 27-Feb | 28-Feb | 29-Feb | Every Day Offerings: |
| :---: | :---: | :---: | :---: | :---: |
| BBQ Pork Patty on bun | Chicken Burrito | Grilled Turkey Reuben | Pepperoni/Saug Pizza | Lunch: |
| Corn (6) | Rice | Fries | Caesar Salad | Pizza |
| Fruit Choice | Peas | Broccoli Sautee | Brownie | Burgers |
| Chocolate Pudding | Fruit Cup | Fruit Choice | Fruit Choice | PB\&J |
| Milk | Milk | Milk | Milk | Salad Bar |
|  |  |  |  | Ala Cart: Wraps, Entrée |
| *Reminder: All Students Receive Free Breakfast and Lunch* |  |  |  | Salads, Subs. |
|  |  | Souper Wednesdays | - |  |
|  |  | Broccoli Cheddar | 002 |  |
|  |  | Minestrone Beef Vegetable |  |  |

