



February 2024 Hudson Falls Central School District **Intermediate School Menu**

BREAKFAST

EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY
Breakfast Pizza Yogurt Parfaits Cereal Bagels/Cream Cheese Pop Tarts w/g	Donuts Yogurt Parfaits Cereal Bagels/Cream Cheese Pop Tarts w/g	Yogurt Parfaits Cereal Bagels/Cream Cheese Pop Tarts w/g	French Toast Sticks Yogurt Parfaits Cereal Bagels/Cream Cheese Pop Tarts w/g	Breakfast Sandwich Yogurt Parfaits Cereal Bagels/Cream Cheese Pop Tarts w/g

LUNCH MENU

	1-Feb	2-Feb		
	Veggie Pizza Confetti Rice Fruit Choice Jell-O Cup Milk	Chicken Patty on a wg bun Peas and Carrots Refried Beans Fruit Cup Milk		
5-Feb	6-Feb	7-Feb	8-Feb	9-Feb
Spiral Pasta w/Meatsauce Garlic Bread Fresh Garden Salad Fruit Choice Milk	Chicken Quesadilla Rice Carrots Fruit Choice Milk	Hot Dogs Baked Fries Baked Beans Fruit Choice Milk	Buffalo Chicken PIZZA Tossed Salad Fruit Choice Milk Cookie	Pretzel, Yogurt Cheese sticks Corn Fruit Choice Milk
12-Feb	13-Feb	14-Feb	15-Feb	16-Feb
Grilled Cheese Rice Fruit Choice Tomato soup Milk	Pasta w/Meatballs Garlic Bread Corn Fruit Choice Milk	Mac and Cheese Corn Bread Fruit Choice Baby Peas Milk	Pizza, Pizza Sticks sauce Tossed Salad Sweet potatoes Fruit Choice Milk, Choc & Van pudding	Chicken nuggets Broccoli Fries Fruit Choice Milk
19-Feb	20-Feb	21-Feb	22-Feb	23-Feb
MID-WINTER RECESS	MID-WINTER RECESS	MID-WINTER RECESS	MID-WINTER RECESS	MID-WINTER RECESS
26-Feb	27-Feb	28-Feb	29-Feb	Every Day Offerings: Lunch: Salads, Subs, Cheese Sticks Hot Dogs PB&J-PB&Fluff Chicken Patty Ala Cart: Wraps, Entrée Salads, Subs.
Hamb on w/g roll Baked Beans Fruit Choice Tossed Salad Milk	Mozzarella Sticks/Sauce Rice Roasted Carrots Fruit Cup Milk	Chicken Nuggets Veggie Fries Fruit Choice Milk	Pepperoni Pizza Veggie Pasta Salad Fruit Choice Cookie Milk	

Souper Wednesdays

Beef Vegetable
Minestrone
Tomato Soup



Menu Subject to Change

Reminder: All Students Receive Free Breakfast and Lunch