





March 2024 Hudson Falls Central School District High School Menu



BREAKFAST				
EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY
Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich
Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits
Cereal	Cereal	Cereal	Cereal	Cereal
Bagels/Cream Cheese	Bagels/Cream Cheese	Bagels/Cream Cheese	Bagels/Cream Cheese	Bagels/Cream Cheese
Breakfast Bars	Breakfast Bars	Breakfast Bars	Breakfast Bars	Breakfast Bars
Breakfast Pizza	Breakfast Pizza	Breakfast Pizza	Breakfast Pizza	Breakfast Pizza
Muffins	Muffins	Muffins	Muffins	Muffins

LUNCH MENU				
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1-Mar
Pierogis
Meatballs w/g rolls
Carrots
Fruit Cup
Milk

4-Mar	5-Mar	6-Mar	7-Mar	8-Mar
Cheeseburger Fries Roasted Squash Fruit Choice Milk	Pasta Alfredo w/Chix Broccoli Garlic Sticks Fruit Choice  Milk	Tacos Hard or Soft Spanish Rice Corn/Baked Beans Fruit Cup Milk	Buffalo Chicken Pizza Mixed Veggies/Dip Fruit Choice Milk	Superintendent Day 

11-Mar	12-Mar	13-Mar	14-Mar	15-Mar
Gen Tso's Chicken Rice Green Beans  Fruit Cup Milk	Mozzarella Sticks w/sauce Tossed Salad Corn Fruit Cup Milk	Grilled Cheese Tomato Soup Broccoli  Fruit Choice Milk	Cheese Pizza Fruit Choice Calf. Blend Veg Milk	Chicken Philly w/p&o Swf.Potato Fries Holiday Cookie Fruit Choice Milk

18-Mar	19-Mar	20-Mar	21-Mar	22-Mar
Chicken Bacon Burrito Baked Seasoned Fries Fruit Choice Mixed Veg Milk	Goulash W/G Roll Tossed salad Fruit Choice  Milk	Pasta with Meatsauce Garlic Sticks Broccoli Sautee Fruit Choice Milk	Pepperoni Pizza Mac Salad Fruit Choice Glazed Carrots  Milk	Pulled Pork Mac&Cheese Roll Fresh Cucumber slices Fruit Choice Milk

25-Mar	26-Mar	27-Mar	28-Mar	29-Mar
Philly Cheese Steaks Sautéed Pep/Onions Sweet Pot Fries Fruit Cup  Milk	Double Dogs w/mt. sauce Baked Tots Green and Yellow Beans Fruit Cup Milk	Baked Veg/Meat Lasagna Carrots, Grlc. Bread. Spinach Sautee Fruit Choice Milk	Veggie Pizza Pasta Salad Fruit Choice Potato Tots  Milk	School Not in Session Good Friday



Souper Wednesdays
 wk1 Beef Vegetable
 wk2 Tomato
 wk3 Cream of Broccoli
 wk4 Chicken Noodle Soup



Every Day Offerings:

Lunch:
 Pizza
 Burgers
 PB&J

****Menu Subject to Change****

****Reminder: All Students Receive Free Breakfast and Lunch****

Salad Bar

Ala Cart: Wraps, Entrée

Salads, Subs.