











## March 2024 Hudson Falls Central School District **Middle School Menu**

### BREAKFAST

EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY
Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich
Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits
Cereal	Cereal	Cereal	Cereal	Cereal
Bagels/Cream Cheese	Bagels/Cream Cheese	Bagels/Cream Cheese	Bagels/Cream Cheese	Bagels/Cream Cheese
Breakfast Bars	Breakfast Bars	Breakfast Bars	Breakfast Bars	Breakfast Bars
Breakfast Pizza	Breakfast Pizza	Breakfast Pizza	Breakfast Pizza	Breakfast Pizza
Muffins	Muffins	Muffins	Muffins	Muffins

### LUNCH MENU

				1-Mar Pulled Pork Mac&Cheese WG Roll Carrots Fruit Cup Milk
4-Mar Cheeseburger Fries Roasted Carrots Fruit Choice  Milk	5-Mar Spag w/meatsauce Broccoli Garlic Sticks Fruit Choice Milk	6-Mar Mozzarella Sticks w/sauce Tossed Salad Corn  Fruit Cup Milk	7-Mar Buffalo Chicken Pizza Mixed Veggies/Dip Fruit Choice Milk	8-Mar Superintendent's Day 
11-Mar Nacho Bowl Rice Green Beans Fruit Cup Milk	12-Mar Chicken Nuggets Stuffing Mashed Potatoes  Fruit Choice Milk	13-Mar Grilled Cheese Tomato Soup Green Beans Fruit Choice Milk	14-Mar Cheese Pizza Fruit Choice Calf. Blend Veg Milk Cookie	15-Mar Popcorn Chicken Mashed/gravy Corn  Fruit Choice Milk
18-Mar Cheeseburger Baked Seasoned Fries Fruit Choice  Spinach Milk	19-Mar Tacos Spanish Rice Corn/refried beans Fruit Cup Milk	20-Mar French Toast Sausage Hashbrown Fruit Choice Milk	21-Mar Pepperoni Pizza Pasta salad Fruit Choice Sweet Potato Fries  Milk	22-Mar Mac and Cheese Roll Broccoli Fruit Cup Milk
25-Mar Chix Quesadilla/cheese Broccoli Fries Fruit Cup Milk	26-Mar Double Dogs w/mt. sauce Baked Tots Green and Yellow Beans Fruit Cup Milk	27-Mar Baked Veg/Meat Lasagna Garlic Bread w/w Tossed Salad Fruit Choice  Milk	28-Mar Stromboli Carrots Mashed Potatoes Fruit Choice Milk	29-Mar School Not in Session Good Friday

#### **Super Wednesdays**



- wk1 Beef Vegetable
- wk2 Tomato
- wk3 Cream of Broccoli
- wk4 Chicken Noodle Soup



#### **Every Day Offerings:**

- Lunch:**
- Pizza
- Burgers
- PB&J
- Salad Bar

Ala Cart: Wraps, Subs