

Back to School



Welcome Back



**September 2024 Hudson Falls Central School District Middle School Menu**

**BREAKFAST**

EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY
Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich
Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits	Yogurt Parfaits
Cereal	Cereal	Cereal	Cereal	Cereal
Bagels/Cream Cheese	Bagels/Cream Cheese	Bagels/Cream Cheese	Bagels/Cream Cheese	Bagels/Cream Cheese
Breakfast Bars	Breakfast Bars	Breakfast Bars	Breakfast Bars	Breakfast Bars
Poptarts w/g	Poptarts w/g	Poptarts w/g	Poptarts w/g	Poptarts w/g
Muffins	Muffins	Muffins	Muffins	Muffins
	Donuts: Tues & Thurs		Donuts: Tues & Thurs	

**LUNCH MENU**



	5-Sep	6-Sep		
	CHEESE PIZZA Garden salad Fruit Choice Pudding Milk	Deluxe CHICK BURGER French Fries Fruit Choice Milk		
9-Sep	10-Sep	11-Sep	12-Sep	13-Sep
TACOS w/ched cheese Rice Pilaf Broccoli Fruit Choice Milk	Marinated Roast Chicken Mashed potato/ gravy Corn Fruit Choice Milk	CHICKEN CAESAR WRAP French Fries Fruit Choice Milk	Buffalo Chicken Pizza Pasta Salad Fruit Choice Milk	SPAG WITH MEATBALLS Corn Fruit Choice Jello Milk
16-Sep	17-Sep	18-Sep	19-Sep	20-Sep
CHICKEN AND CHEESE QUESADILLA Veg Spanish Rice Baked Beans Fruit Choice Milk	PULLED PORK/wg ROLL Rice Broccoli Florets Fruit Choice Milk	STUFFED SHELLS (Cheese) w/ SPAGHETTI SAUCE Garlic Bread Green Beans Fruit Choice Milk	Meatlovers Pizza Spag Sauce Corn Fruit Choice Milk	ITALIAN MIX SUB/wg ROLL Glazed Carrots Fruit Choice Milk
23-Sep	24-Sep	25-Sep	26-Sep	27-Sep
CHICKEN ALFREDO w/PASTA Green Beans Fruit Choice Milk	SWT & SOUR CHICKEN Rice Broccoli Fruit Choice Pudding Milk	CHICKEN BURRITO Garden Peas Fruit Choice Milk	VEGGIE PIZZA Pasta Salad Fruit Choice Cookie Milk	Walking Tacos Refried Beans Peaches Choc Pudding Milk
30-Sep	Souper Wednesdays wk1 Broccoli Ched Soup wk2 Beef Barley Soup wk3 Chicken Noodle Soup wk4		Every Day Offerings: <b>Lunch:</b> Pizza Burgers PB&J Salad Bar	
Bacon Cheese Burgers Tots Broccoli Fruit Choice Milk				

**\*Menu Subject to Change\***

**\*Reminder: All Students Receive Free Breakfast and Lunch\***

Ala Cart: Wraps, Entrée Salads, Subs.