

Back to School



Welcome Back



## September 2024 Hudson Falls Central School District Primary School Menu

### BREAKFAST

| EVERY MONDAY        | EVERY TUESDAY       | EVERY WEDNESDAY     | EVERY THURSDAY       | EVERY FRIDAY        |
|---------------------|---------------------|---------------------|----------------------|---------------------|
| Scram Eggs w/Cheese | Scram Eggs w/Cheese | Scram Eggs w/Cheese | Scram Eggs w/ Cheese | Scram Eggs w/Cheese |
| English Muffins     | English Muffins     | English Muffins     | English Muffins      | English Muffins     |
| Cini Minis          | Cini Minis          | Cini Minis          | Cini Minis           | Cini Minis          |
| Yogurt /Fresh Fruit | Yogurt /Fresh Fruit | Yogurt /Fresh Fruit | Yogurt /Fresh Fruit  | Yogurt /Fresh Fruit |
| Cereal              | Cereal              | Cereal              | Cereal               | Cereal              |
| Bagels/Cream Cheese | Bagels/Cream Cheese | Bagels/Cream Cheese | Bagels/Cream Cheese  | Bagels/Cream Cheese |
| Breakfast Bars      | Breakfast Bars      | Breakfast Bars      | Breakfast Bars       | Breakfast Bars      |
| Poptarts w/g        | Poptarts w/g        | Poptarts w/g        | Poptarts w/g         | Poptarts w/g        |

### LUNCH MENU



| 9-Sep   | 10-Sep  | 11-Sep   | 12-Sep  | 13-Sep   |
|---|---|--|---|--|
| NACHO BOWL<br>Rice<br>Broccoli<br>Fruit Choice<br>Milk  | POPCORN CHICKEN<br><i>Sweet &amp; Sour Sauce</i><br>Mshd Potatoes &Gravy<br>Fruit Choice<br>Cookie Milk | CHICKEN RANCH WRAP<br>French Fries<br>Fruit Choice<br>Milk    | PEPPERONI PIZZA/Bianca<br>Pasta Salad<br>Fruit Choice<br>Milk   | Spag with Meatsauce<br>Corn<br>Fruit Choice <br>Jello<br>Milk                   |
| 16-Sep<br>Hot Dog <br>Potato Smiles<br>Baked Beans<br>Fruit Choice<br>Milk   | 17-Sep<br>PANCAKES/SAUG<br>HashBrown<br>Broccoli Florets<br>Fruit Choice<br>Milk                        | 18-Sep<br>ROTINI/MEATBALLS<br>w/ SPAGHETTI SAUCE<br>Garlic Bread <br>Green Beans<br>Fruit Choice Milk | 19-Sep<br>BUFFALO CHICKEN PIZZA<br>Peas and Carrot<br>Fruit Choice<br>Milk  | 20-Sep<br>Mozzerella Sticks<br>Sauce<br>Glazed Carrots <br>Fruit Choice<br>Milk |
| 23-Sep<br>CHICKEN ALFREDO<br>w/PASTA<br>Green Beans<br>Fruit Choice <br>Milk | 24-Sep<br>CHICKEN TENDERS<br>Rice<br>Broccoli<br>Fruit Choice<br>Pudding Milk                           | 25-Sep<br>GRILLED CHEESE<br>Tomato Soup<br>Garden Peas<br>Fruit Choice<br>Milk   | 26-Sep<br>VEGGIE PIZZA<br>Pasta Salad<br>Fruit Choice<br>Cookie <br>Milk | 27-Sep<br>Pasta Meatballs / ww roll<br>Tossed Salad<br>Peaches<br>Choc Pudding<br>Milk   |

| 30-Sep   |
|--|
| Bacon Cheese Burgers<br>Tots<br>Broccoli<br>Fruit Choice<br>Milk |



wk1  
wk2  
wk3  
wk4

#### Souper Wednesdays

Broccoli Ched Soup  
Beef Barley Soup  
Chicken Noodle Soup



#### Every Day Offerings:

##### Lunch:

Deli Sandwich Bar  
Burgers  
PB&J/ PB&FLUFF  
Salads  
Cheese Sticks  
Fresh/Prepared Fruits

**\*Menu Subject to Change\***

**\*Reminder: All Students Receive Free Breakfast and Lunch\***