

Back to School



Welcome Back










October 2024 Hudson Falls Central School District Primary School Menu

BREAKFAST

EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY
Pancakes/French Toast Cereal Poptarts w/g WG-Toast PB/Jelly Juice	Breakfast Burrito Poptarts w/g WG-Toast PB/Jelly Gram Crackers Juice	Yogurt Cereal WG-Toast PB/Jelly Gram Crackers Pumpkin Muffins Juice	FT Sticks & Sausage Cereal Fruit WG-Toast PB/Jelly Gram Crackers	PopTarts Cereal Graham Cracker Fresh Fruit Breakfast Sand of the day

LUNCH MENU

	1-Oct	2-Oct	3-Oct	4-Oct
	Chicken Patty w/g bun Fresh Carrot Sticks Mshd Potatoes &Gravy Fresh Oranges Cookie Milk	Grilled Cheese Tomato soup Corn Fresh Bananas Milk	Cheese Pizza Sticks/sauce Broccoli Florets Fresh Fruit cup Milk	Baked Ziti w/meatballs Tossed Salad Bread sticks Fruit Cup Milk 
	7-Oct	8-Oct	9-Oct	10-Oct
	Pancakes/Saug Homefries Carrots sticks and dip Fresh Apple Milk	Taco Bowl Rice Carrots  Fruit Choice Milk	Mac and Cheese Tossed Salad Fresh Oranges W/G Roll Milk	Veggie Pizza Tossed Salad Fresh Apples Milk Cookie
	11-Oct	14-Oct	15-Oct	16-Oct
	Chicken Nuggets Potato tots Fresh Bananas Broccoli Milk 	Columbus Day	Pasta Meat Sauce Garlic toast Broccoli Fresh Straw/Blueberry cup Pudding Milk	Hot Dog on w/g roll Garden Peas Tots Fresh Bananas  Milk
	17-Oct	21-Oct	22-Oct	23-Oct
	PIZZA Slice Veggie Pasta Salad Fresh Oranges Cookie Milk	Popcorn Chicken Mashed potato/ gravy Corn Applesauce cups Milk	Corn Dogs California Blend Veg Fruit choice Milk  Brownie	Grilled Ham and cheese Potato nuggets Broccoli Pears Milk
	18-Oct	28-Oct	29-Oct	30-Oct
	Cheese burgers on w/g Peas and Carrots Peaches Baked Tots Milk	Chicken Nuggets Carrot sticks and dip Pears  Baked Beans Milk	Hot dog on w/w roll Tots Fresh Fruit Cup Brownie Milk	Mozzarella Sticks w/sauce W/G Bread Butter Fresh Garden Salad Fresh Apples Milk
	24-Oct	31-Oct	Every Day Offerings: Lunch: Chicken Burger on w/g bun Deli Bar PB&J Salads Cheese Sticks Fresh Prepared Fruit Ala Cart: Wraps, Entrée Salads, Subs.	
	Meatball Pizza Corn and Peas Oranges Milk	Chicken Wrap w/L.T. Baked Chips Sliced Apples Milk  Pasta Salad		

Reminder: All Students Receive Free Breakfast and Lunch



Super Wednesdays

- Chicken Noodle Soup
- Tomato Soup
- Minestrone Soup
- Beef Noodle Soup

