




November 2024 Hudson Falls Central School District **Intermediate School Menu**

BREAKFAST				
EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY
Breakfast Pizza Yogurt Parfaits Cereal Muffins Poptarts w/g Fruit	Breakfast Sandwich Poptarts w/g WG-Toast Jelly Gram Crackers Juice	Yogurt Cereal WG-Toast Jelly Gram Crackers Pumpkin Muffins Fruit	FT Sticks & Sausage Cereal Juice WG-Toast Jelly Gram Crackers	Cinni Mini Cereal Graham Cracker Fresh Fruit
LUNCH MENU				

1-Nov
Bacon Cheese Burger Sweet Potato Fries Fresh Fruit cup Carrots Milk

4-Nov	5-Nov	6-Nov	7-Nov	8-Nov
Nacho Bowl/refried beans Rice Pilaf Fresh Garden Salad Fruit Choice Milk	Superintendent Day 	Grilled Ham and Cheese Tomato soup Fruit Choice Tossed Salad Milk	Veggie Delight PIZZA Broccoli Florets Fruit Choice Pasta Salad Milk	Pancakes, Sausage Hashbrown Broccoli Fruit Choice Pudding Milk

11-Nov	12-Nov	13-Nov	14-Nov	15-Nov
Veterans' Day 	Chicken/Ch Quesadilla Rice Broccoli Florets Fruit Choice Milk	Corn Dogs Green Beans Baked Fries Fruit cup Milk	Buffalo Chicken PIZZA Tossed Salad Fruit Choice Carrots Milk	Chicken Patty on ww bun Potato Nuggets Peas and Carrots Fruit Choice Milk

18-Nov	19-Nov	20-Nov	21-Nov	22-Nov
Mozzarella Sticks Broccoli Fruit Choice Choc Pudding Milk	Hot Dog w/meat sauce Tossed salad Fresh Fruit Totts Milk	Spag w/ Meatsauce W/G Garlic Bread Mixed garden veg Fruit Choice Milk	Pepperoni Meatball Pizza Baby Carrots Dip Fruit Choice Cookie Milk	Fish Burger Cheese ww bun Baked Chips Fruit Choice Corn Milk

25-Nov	26-Nov	27-Nov	28-Nov	29-Nov
Pasta Marinara/roll Meatballs Corn Fruit Choice Milk	Sliced Turkey,Cran Sauce Stuffing,Corn Mashed&Gravy Fruit Cup, Milk Pumpkin Pie 	Thanksgiving Recess 	Thanksgiving Recess 	Thanksgiving Recess 

Souper Wednesdays



wk1 Chicken Noodle Soup
wk2 Tomato Soup
wk3 Minestrone Soup



Every Day Offerings:

Lunch:
Chicken Burger on w/g bun
Deli Bar
PB&J
Salads
Cheese Sticks
Fresh Prepared Fruit
Ala Cart: Wraps, Entrée
Salads, Subs.

Menu Subject to Change

Reminder: All Students Receive Free Breakfast and Lunch