



April 2025 HFGSD Intermediate School Menu

REMINDER: ALL STUDENTS RECEIVE FREE BREAKFAST AND LUNCH

BREAKFAST

Every Monday	Every Tuesday	Every Wednesday	Every Thursday	Every Friday
Breakfast Pizza	Breakfast Sandwich	Yogurt	French Toast Sticks & Sausage	Cinni Mini
Cereal	Poptarts w/g	Cereal	Cereal	Cereal
Poptarts	WG Toast with Jelly	WG Toast with Jelly	Juice	Graham Cracker
WG Toast with Jelly	Graham Crackers	Graham Crackers	WG Toast with Jelly	Fresh Fruit
Graham Crackers	Juice	Blueberry Muffins	Graham Crackers	
Fruit		Fruit		

LUNCH MENU

	April 1st	April 2nd	April 3rd	April 4th
	Chicken Quesadilla	Hot Dogs	Buffalo Chicken PIZZA	Pretzel, Yogurt
	Rice	Baked Fries	Tossed Salad	Cheese sticks
	Carrots	Baked Beans	Fruit Choice	Corn
	Fruit Choice	Fruit Choice	Milk	Fruit Choice
	Milk	Milk	Cookie	Milk
April 7th	April 8th	April 9th	April 10th	April 11th
Grilled Cheese	Spaghetti w/Meatballs	Mac and Cheese	Pizza, Pizza Sticks sauce	Baked BBQ Chicken
Rice	Garlic Bread	Corn Bread	Tossed Salad	Broccoli
Fruit Choice	Corn	Fruit Choice	Sweet potatoes	Corn Bread
Tomato soup	Fruit Choice	Baby Peas	Fruit Choice	Fruit Choice
Milk	Milk	Milk	Milk,Choc &Van pudding	Milk
April 14th	April 15th	April 16th	April 17th	April 18th
				
April 21st	Aprils 22nd	April 23rd	April 24th	April 25th
Hamb on w/g roll	Mozzarella Sticks/Sauce	Chicken Nuggets	Pepperoni Pizza	Chicken Patty on a bun
Baked Beans	Rice	Veggie	Veggie Pasta Salad	Peas and Carrots
Fruit Choice	Roasted Carrots	Fries	Fruit Choice	Refried Beans
Tossed Salad	Fruit Cup	Fruit Choice	Cookie	Fruit Cup
Milk	Milk	Milk	Milk	Milk
April 28th	April 29th	April 30th		
Hamb on w/g roll	Nacho Bowl	Pancakes, Sausage		
Baked Beans	Rice	Hash Browns		
Fruit Choice	Green Beans	Peas and Carrots		
Tossed Salad	Fruit Cup	Fresh Blueberries/Strawberries		
Milk	Milk	Milk		

Daily Lunch Offerings: Cheese Sticks,PB&J,Salads,Subs,Wraps,Chicken Patty,Burgers

Souper Wednesdays:	Week 1: Beef Vegetable	Week 2: Minestrone	Week 3: Winter Recess	Week 4: Tomato Soup
		Week 5: Chicken Noodle		

Menu Subject to Change

Reminder: All Students Receive Free Breakfast and Lunch