



## May 2025 HFCSD High School Menu

**REMINDER: ALL STUDENTS RECEIVE FREE BREAKFAST AND LUNCH**

### BREAKFAST

| Every Monday        | Every Tuesday       | Every Wednesday     | Every Thursday      | Every Friday        |
|---------------------|---------------------|---------------------|---------------------|---------------------|
| Breakfast Sandwich  | Breakfast Sandwich  | Breakfast Sandwich  | Breakfast Sandwich  | Breakfast Sandwich  |
| Yogurt Parfaits     | Yogurt Parfaits     | Yogurt Parfaits     | Yogurt Parfaits     | Yogurt Parfaits     |
| Cereal              | Cereal              | Cereal              | Cereal              | Cereal              |
| Bagels/Cream Cheese | Bagels/Cream Cheese | Bagels/Cream Cheese | Bagels/Cream Cheese | Bagels/Cream Cheese |
| Breakfast Pizza     | Breakfast Pizza     | Breakfast Pizza     | Breakfast Pizza     | Breakfast Pizza     |
| Muffins             | Donuts              | Muffins             | Donuts              | Muffins             |

### LUNCH MENU

|                                   |                         |                              | May 1st                | May 2nd                 |
|-----------------------------------|-------------------------|------------------------------|------------------------|-------------------------|
|                                   |                         |                              | Meat Pizza             | Chicken Nuggets         |
|                                   |                         |                              | Calf. Blend Veg        | Tots                    |
|                                   |                         |                              | Tossed Salad           | Corn                    |
|                                   |                         |                              | Fruit Choice           | Fruit Cup               |
|                                   |                         |                              | Milk                   | Milk                    |
| May 5th                           | May 6th                 | May 7th                      | May 8th                | May 9th                 |
| Cheeseburger                      | Chicken Parm/Pasta      | Walking Tacos/toppings       | 3 Cheese Pizza         | Turkey Gravy            |
| Fries                             | Broccoli                | Spanish Rice                 | Mixed Veggies/Dip      | Mashed                  |
| Roasted Squash                    | Garlic Sticks           | Black Beans                  | Fruit Choice           | Stuffing                |
| Fruit Choice                      | Fruit Choice            | Fruit Cup                    | Milk                   | Carrots                 |
| Milk                              | Milk                    | Milk                         | Brownie                | Milk                    |
| May 12th                          | May 13th                | May 14th                     | May 15th               | May 16th                |
| Gen Tso's Chicken                 | Grilled Chicken Burgers | Grilled Cheese               | Pepperoni/Cheese Pizza | Philly Cheese Steaks    |
| Rice                              | Tossed Salad/Corn       | Tomato Soup                  | Fruit Choice           | Sautéed Pep/Onions      |
| Green Beans                       | Potato Tots             | Green Beans                  | Calf. Blend Veg        | Pasta Salad             |
| Fruit Cup                         | Fruit Cup               | Fruit Choice                 | Milk                   | Fruit Cup               |
| Milk                              | Milk                    | Milk                         | Cookie                 | Milk                    |
| May 19th                          | May 20th                | May 21st                     | May 22nd               | May 23rd                |
| Cheeseburger                      | Buffalo Chicken Bites   | Spag and meatballs           | Chicken Ranch Pizza    | Mac and Cheese          |
| Baked Seasoned Fries              | Tossed Salad            | Garlic Sticks                | Pasta salad            | Roll                    |
| Fruit Choice                      | Fries                   | Broccoli Sautee              | Fruit Choice           | Italian Stewed Tomatoes |
| Spinach                           | Fruit Choice            | Fruit Choice                 | Glazed Carrots         | Fruit Cup               |
| Milk                              | Milk                    | Milk                         | Milk                   | Milk                    |
| May 26th                          | May 27th                | May 28th                     | May 29th               | May 30th                |
| <b>NO SCHOOL<br/>MEMORIAL DAY</b> | Double Dogs w/mt. sauce | Turkey Bacon and Cheese Wrap | Meatball Pizza         | Burger Sliders          |
|                                   | Baked Tots              | Baked Lays                   | Caesar Salad           | Sweet Potato Fries      |
|                                   | Broccoli                | Pasta Salad                  | Broccoli Sautee        | Rstd. Corn & Red Pep.   |
|                                   | Fruit Cup               | Fruit Choice                 | Fruit Choice           | Fruit Cup               |
|                                   | Milk                    | Milk                         | Milk                   | Milk                    |

**Daily Lunch Offerings: Cheese Sticks, PB&J, Salads, Subs, Wraps, Chicken Patty, Burgers**

| Souper Wednesdays: | Week 1: Beef Vegetable | Week 2: Minestrone | Week 3: Winter Recess | Week 4: Tomato Soup |
|--------------------|------------------------|--------------------|-----------------------|---------------------|
|--------------------|------------------------|--------------------|-----------------------|---------------------|

*\*Menu Subject to Change\**

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