



## September 2025 HFCSD High School Menu

REMINDER: ALL STUDENTS RECEIVE FREE BREAKFAST AND LUNCH

		BREAKFAST		
Every Monday	Every Tuesday	Every Wednesday	Every Thursday	Every Friday
Breakfast Pizza	Breakfast Sandwich	Yogurt,Asst Muffins	French Toast Sticks & Sausage	Assorted Donuts
Cereal	Cereal	Cereal	Cereal	Cereal
Poptarts	Poptarts	Poptarts	Poptarts	Poptarts
Bagels w/CC	Bagels w/CC	Bagels w/CC	Bagels w/CC	Bagels w/CC
Cini Mini,Brkf Bento Boxes	Cini Mini,Brkf Bento Boxes	Cini Mini,Brkf Bento Boxes	Cini Mini,Brkf Bento Boxes	Cini Mini,Brkf Bento Box
Fruit,Juice	Fruit,Juice	Fruit,Juice	Fruit,Juice	Fruit,Juice
		LUNCH MENU		
September 1st	Setpember 2nd	September 3rd	September 4th	September 5th
			PEPPERONI PIZZA/BIANCA	SPAG WITH MEATSAU
			Tossed Salad Dressings	Corn
			Fruit Choice	Fruit Choice
			Milk	Jello
				Milk
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September 8th	September 9th	September 10th	September 11th	September 12th
Hot Dogs	PANCAKES/SAUG	ROTINI/MEATBALLS	CHEESE PIZZA STICKS	Mozzerella Sticks
Potato Smiles	Hashbrown	w/ SPAGHETTI SAUCE	Spag Sauce	Sauce
Fruit Choice	Broccoli Florets	Garlic Bread	Peas and Carrots	Tossed Salad
California Blend	Fruit Choice	Green Beans	Fruit Choice	Fruit Choice
Milk	Milk	Fruit Choice Milk	Milk	Milk
September 15th	September 16th	September 17th	September 18th	September 19th
MAC and CHEESE	CHICKEN TENDERS	GRILLED CHEESE	VEGGIE PIZZA	Pasta Meatballs / ww ro
Green Beans	Rice	Tomato Soup	Pasta Salad	Tossed Salad
Fruit Choice	Broccoli	Garden Peas	Fruit Choice	Peaches
Milk	Fruit Choice	Fruit Choice	Cookie	Choc Pudding
	Milk	Milk	Milk	Milk
September 22nd	September 23rd	September 24th	September 25th	September 26th
September 22nd Cheese Burgers	September 23rd NACHO BOWL	Sliced Turkey	September 25th  CHEESE PIZZA	September 26th CHICKEN BURGER
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Cheese Burgers	NACHO BOWL	Sliced Turkey	CHEESE PIZZA	CHICKEN BURGER
Cheese Burgers Tots Broccoli Fruit Choice	NACHO BOWL Rice Carrot Fruit Choice	Sliced Turkey Dressing/Green Beans Mshd Potatoes &Gravy Fruit Choice	CHEESE PIZZA  Garden Salad  Fruit Choice  Pudding	CHICKEN BURGER French Fries Fruit Choice Mixed Veg
Cheese Burgers Tots Broccoli	NACHO BOWL Rice Carrot	Sliced Turkey Dressing/Green Beans Mshd Potatoes &Gravy	CHEESE PIZZA  Garden Salad  Fruit Choice	CHICKEN BURGER French Fries Fruit Choice
Cheese Burgers Tots Broccoli Fruit Choice	NACHO BOWL Rice Carrot Fruit Choice	Sliced Turkey Dressing/Green Beans Mshd Potatoes &Gravy Fruit Choice	CHEESE PIZZA  Garden Salad  Fruit Choice  Pudding	CHICKEN BURGER French Fries Fruit Choice Mixed Veg
Cheese Burgers Tots Broccoli Fruit Choice Milk  September 29th	NACHO BOWL Rice Carrot Fruit Choice Milk	Sliced Turkey Dressing/Green Beans Mshd Potatoes &Gravy Fruit Choice	CHEESE PIZZA  Garden Salad  Fruit Choice  Pudding	CHICKEN BURGER French Fries Fruit Choice Mixed Veg
Cheese Burgers Tots Broccoli Fruit Choice Milk  September 29th	NACHO BOWL Rice Carrot Fruit Choice Milk  September 30th	Sliced Turkey Dressing/Green Beans Mshd Potatoes &Gravy Fruit Choice	CHEESE PIZZA  Garden Salad  Fruit Choice  Pudding	CHICKEN BURGER French Fries Fruit Choice Mixed Veg
Cheese Burgers Tots Broccoli Fruit Choice Milk  September 29th  GRILLED HAM & CHEESE	NACHO BOWL Rice Carrot Fruit Choice Milk  September 30th Spirals Meatsauce / ww roll	Sliced Turkey Dressing/Green Beans Mshd Potatoes &Gravy Fruit Choice	CHEESE PIZZA  Garden Salad  Fruit Choice  Pudding	CHICKEN BURGER French Fries Fruit Choice Mixed Veg
Cheese Burgers Tots Broccoli Fruit Choice Milk  September 29th  GRILLED HAM & CHEESE Tatar Tots	NACHO BOWL Rice Carrot Fruit Choice Milk  September 30th Spirals Meatsauce / ww roll Tossed Salad	Sliced Turkey Dressing/Green Beans Mshd Potatoes &Gravy Fruit Choice	CHEESE PIZZA  Garden Salad  Fruit Choice  Pudding	CHICKEN BURGER French Fries Fruit Choice Mixed Veg
Cheese Burgers Tots Broccoli Fruit Choice Milk  September 29th  GRILLED HAM & CHEESE Tatar Tots Sweet Potato	NACHO BOWL Rice Carrot Fruit Choice Milk  September 30th Spirals Meatsauce / ww roll Tossed Salad Peaches	Sliced Turkey Dressing/Green Beans Mshd Potatoes &Gravy Fruit Choice	CHEESE PIZZA  Garden Salad  Fruit Choice  Pudding	CHICKEN BURGER French Fries Fruit Choice Mixed Veg
Cheese Burgers Tots Broccoli Fruit Choice Milk  September 29th  GRILLED HAM & CHEESE Tatar Tots Sweet Potato Fruit Choice Milk	NACHO BOWL Rice Carrot Fruit Choice Milk  September 30th  Spirals Meatsauce / ww roll Tossed Salad Peaches Choc Pudding Milk	Sliced Turkey Dressing/Green Beans Mshd Potatoes &Gravy Fruit Choice Cookie Milk	CHEESE PIZZA  Garden Salad  Fruit Choice  Pudding  Milk	CHICKEN BURGER French Fries Fruit Choice Mixed Veg Milk
Cheese Burgers Tots Broccoli Fruit Choice Milk  September 29th  GRILLED HAM & CHEESE Tatar Tots Sweet Potato Fruit Choice Milk  Daily Lunch Offerin	NACHO BOWL Rice Carrot Fruit Choice Milk  September 30th Spirals Meatsauce / ww roll Tossed Salad Peaches Choc Pudding Milk  gs: Chicken Burgers, Cheese E	Sliced Turkey Dressing/Green Beans Mshd Potatoes &Gravy Fruit Choice Cookie Milk  Burgers, Pizza, Asst Salads Gr	CHEESE PIZZA  Garden Salad  Fruit Choice  Pudding  Milk  Milk  ab and Go, Assorted Deli Sand	CHICKEN BURGER French Fries Fruit Choice Mixed Veg Milk
Cheese Burgers Tots Broccoli Fruit Choice Milk  September 29th  GRILLED HAM & CHEESE Tatar Tots Sweet Potato Fruit Choice Milk	NACHO BOWL Rice Carrot Fruit Choice Milk  September 30th Spirals Meatsauce / ww roll Tossed Salad Peaches Choc Pudding Milk  gs: Chicken Burgers, Cheese E	Sliced Turkey Dressing/Green Beans Mshd Potatoes &Gravy Fruit Choice Cookie Milk  Burgers, Pizza, Asst Salads Grave	CHEESE PIZZA  Garden Salad  Fruit Choice  Pudding  Milk  ab and Go, Assorted Deli Sand  Week 3: Chicken Noodle Soup	CHICKEN BURGER French Fries Fruit Choice Mixed Veg Milk  wiches, Bento Boxes Week 4: Tomato Soup
Cheese Burgers Tots Broccoli Fruit Choice Milk  September 29th  GRILLED HAM & CHEESE Tatar Tots Sweet Potato Fruit Choice Milk  Daily Lunch Offerin	NACHO BOWL Rice Carrot Fruit Choice Milk  September 30th Spirals Meatsauce / ww roll Tossed Salad Peaches Choc Pudding Milk  gs: Chicken Burgers, Cheese E	Sliced Turkey Dressing/Green Beans Mshd Potatoes &Gravy Fruit Choice Cookie Milk  Burgers, Pizza, Asst Salads Gr	CHEESE PIZZA  Garden Salad  Fruit Choice  Pudding  Milk  Milk  ab and Go, Assorted Deli Sand	CHICKEN BURGER French Fries Fruit Choice Mixed Veg Milk
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