



## September 2025 HFCSD Kindergarten School Menu



REMINDER: ALL STUDENTS RECEIVE FREE BREAKFAST AND LUNCH

### BREAKFAST

| Every Monday        | Every Tuesday       | Every Wednesday     | Every Thursday                | Every Friday   |
|---------------------|---------------------|---------------------|-------------------------------|----------------|
| Breakfast Pizza     | Breakfast Sandwich  | Yogurt              | French Toast Sticks & Sausage | Cinni Mini     |
| Cereal              | Poptarts w/g        | Cereal              | Cereal                        | Cereal         |
| Poptarts            | WG Toast with Jelly | WG Toast with Jelly | Juice                         | Graham Cracker |
| WG Toast with Jelly | Graham Crackers     | Graham Crackers     | WG Toast with Jelly           | Fresh Fruit    |
| Graham Crackers     | Juice               | Blueberry Muffins   | Graham Crackers               |                |
| Fruit               |                     | Fruit               |                               |                |

### LUNCH MENU

| September 1st        | September 2nd               | September 3rd        | September 4th          | September 5th             |
|----------------------|-----------------------------|----------------------|------------------------|---------------------------|
|                      |                             |                      | PEPPERONI PIZZA/BIANCA | SPAG WITH MEATSAUCE       |
|                      |                             |                      | Pasta Salad            | Corn                      |
|                      |                             |                      | Fruit Choice           | Fruit Choice              |
|                      |                             |                      | Milk                   | Jello                     |
|                      |                             |                      |                        | Milk                      |
| September 8th        | September 9th               | September 10th       | September 11th         | September 12th            |
| Hot Dogs             | PANCAKES/SAUG               | ROTINI/MEATBALLS     | CHEESE PIZZA STICKS    | Mozzerella Sticks         |
| Potato Smiles        | Hashbrown                   | w/ SPAGHETTI SAUCE   | Spag Sauce             | Sauce                     |
| Fruit Choice         | Broccoli Florets            | Garlic Bread         | Peas and Carrots       | Tossed Salad              |
| California Blend     | Fruit Choice                | Green Beans          | Fruit Choice           | Fruit Choice              |
| Milk                 | Milk                        | Fruit Choice Milk    | Milk                   | Milk                      |
| September 15th       | September 16th              | September 17th       | September 18th         | September 19th            |
| MAC and CHEESE       | CHICKEN TENDERS             | GRILLED CHEESE       | VEGGIE PIZZA           | Pasta Meatballs / ww roll |
| Green Beans          | Rice                        | Tomato Soup          | Pasta Salad            | Tossed Salad              |
| Fruit Choice         | Broccoli                    | Garden Peas          | Fruit Choice           | Peaches                   |
| Milk                 | Fruit Choice                | Fruit Choice         | Cookie                 | Choc Pudding              |
|                      | Milk                        | Milk                 | Milk                   | Milk                      |
| September 22nd       | September 23rd              | September 24th       | September 25th         | September 26th            |
| Cheese Burgers       | NACHO BOWL                  | Sliced Turkey        | CHEESE PIZZA           | CHICKEN BURGER            |
| Tots                 | Rice                        | Dressing/Green Beans | Garden Salad           | French Fries              |
| Broccoli             | Carrot                      | Mshd Potatoes &Gravy | Fruit Choice           | Fruit Choice              |
| Fruit Choice         | Fruit Choice                | Fruit Choice         | Pudding                | Mixed Veg                 |
| Milk                 | Milk                        | Cookie Milk          | Milk                   | Milk                      |
| September 29th       | September 30th              |                      |                        |                           |
| GRILLED HAM & CHEESE | Spirals Meatsauce / ww roll |                      |                        |                           |
| Tatar Tots           | Tossed Salad                |                      |                        |                           |
| Sweet Potato         | Peaches                     |                      |                        |                           |
| Fruit Choice         | Choc Pudding                |                      |                        |                           |
| Milk                 | Milk                        |                      |                        |                           |

Daily Lunch Offerings: Cheese Sticks,PB&J,Salads,Subs,Wraps,Chicken Patty,Burgers

| Souper Wednesdays: | Week 1: Beef Vegetable | Week 2: Minestrone | Week 3: Chicken Noodle Soup | Week 4: Tomato Soup |
|--------------------|------------------------|--------------------|-----------------------------|---------------------|
|--------------------|------------------------|--------------------|-----------------------------|---------------------|

\*Menu Subject to Change\*

\*Reminder: All Students Receive Free Breakfast and Lunch\*