



November 2025 HFCSD Middle School Menu

REMINDER: ALL STUDENTS RECEIVE FREE BREAKFAST AND LUNCH

BREAKFAST

Every Monday	Every Tuesday	Every Wednesday	Every Thursday	Every Friday
Breakfast Sandwich Yogurt Parfaits Cereal Bagels/Cream Cheese Breakfast Pizza Donuts	Breakfast Sandwich Yogurt Parfaits Cereal Bagels/Cream Cheese Breakfast Pizza Donuts	Breakfast Sandwich Yogurt Parfaits Cereal Bagels/Cream Cheese Breakfast Pizza Muffins	Breakfast Sandwich Yogurt Parfaits Cereal Bagels/Cream Cheese Breakfast Pizza Donuts	Breakfast Sandwich Yogurt Parfaits Cereal Bagels/Cream Cheese Breakfast Pizza Muffins

LUNCH MENU

November 3rd	November 4th	November 5th	November 6th	November 7th
Cheeseburger on a bun Baked Fries Steamed Veg Mix Fruit Choice Milk	Spag and meatballs Garlic Bread Tossed Salad Fresh Fruit mix Milk	Grilled Ham and Cheese Tomato soup Fruit Choice Milk	Veggie Delight PIZZA Broccoli Florets Fruit Choice Milk	Chicken Alfredo w/ Garlic toast Broccoli Fruit Choice Pudding Milk
November 10th	November 11th	November 12th	November 13th	November 14th
Chicken Burrito Rice Broccoli Florets Fruit Choice Milk	VETERANS NO SCHOOL 	Goulash w/ww Brd & Marg Casar Salad Fruit Cup Cookie Milk	Buffalo Chicken PIZZA Tossed Salad Fruit Choice Milk	Reuben Potato Nuggets Corn Fruit Choice Milk
November 17th	November 18th	November 19th	November 20th	November 21st
BBQ Chicken Baked Beans Carrots Fruit Choice Milk	Dbl Dogs w/meat sauce Tossed salad Fresh Fruit Totts Milk	Spirals and Meatsauce W/G Garlic Bread Mixed garden veg Fruit Choice Milk	Pepperoni Meatball Pizza Mixed Green Salad Fruit Cup Mix Brownie Milk	Fish Burger cheese w/w bun Baked Fries Fruit Choice Corn Milk
November 24th	November 25th	November 26th	November 27th	November 28th
Mozzarella Ch stick /Sauce Meatballs Corn Fruit Choice Milk	Sliced Turkey,Cran Sauce Stuffing,Corn Mashed&Gravy Fruit Cup, Milk Pumpkin Pie	THANKSGIVING BREAK	THANKSGIVING BREAK	THANKSGIVING BREAK

Daily Lunch Offerings: Cheese Sticks,PB&J,Salads,Subs,Wraps,Chicken Patty,Burgers

Souper Wednesdays:	Week 1: Beef Vegetable	Week 2: Minestrone	Week 3: Tomato Soup	Week 4:
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Menu Subject to Change

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